

October 2012



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mrs. Tracy Stevens RN, CCCE		1.	2. Introduction to	3.	4. Understanding	5 •	6.
Maternal Child Educator &			Pregnancy and		Interventions		
Senior Labor Delivery Charge Nurse			Labor		and C-Section		
There will be two series of four	7•	8.	9.	10.	11.	12.	13.
classes each month	,		Relaxation		Newborn Care and		
(Except possibly Nov & Dec)			& Lamaze		Post partum Care,		
You can now see the monthly					Breastfeeding		
class series					Support		
on line at the WAMC Website.					_		
http://www.wamc.amedd.army.mil/P	14.	15.	16.	17.	18.	19.	20.
ages/default.aspx			Sibling Class		Introduction to		
Under the header Patients, select			3rd floor Post		Pregnancy and		
Department Services, then			Partum Unit Rm 339		Labor		
Childbirth Educator			Kiii 339				
Tracy.Stevens@us.army.mil	21.	22.	23.	24.	25.	26.	27.
Simply email full name and the	_1 ,		Understanding	-4 •	Relaxation	20.	~ /•
Series you would like to attend.			Interventions and C-Section		& Lamaze		
A conformation email will follow your							
<u>request</u>							
All Childbirth classes are from 6 pm to 8 pm, held in Weaver Auditorium (ground floor of Womack)	28.	29.	30. Newborn Care and Post partum Care, Breastfeeding	31.			
WAMC			Support				